Region 4 Combined RAC and MH board meeting, May 21, 2014.

Meeting documents are posted in a separate link under the Minutes Banner at www.RAC4.dhw.idaho.gov

Attendees:

Marilyn Baughman, Jennifer Burlage, Teri Carrigan, Chuck Christiansen, Melanie Curtis, Greg Dickerson, Suzette Driscoll, Russ Duke, Jennifer Fishman, LaDessa Foster, Vern Garrett, Steve Graci, Kenny Gray, Dennis Hardziej, Elt Hasbrouck, Sandy Amy, Korb, Susan Martinelli, Audrey Palmer, Wendy Perez Stephanie Phillip, Shelley Retter, Darren Richman, Isaiah Sarault, Wendy Seagraves, Melanie Simon, Christina Smith, Jason Stone, Laura Thomas, Delanie Valentine, Joni Ward, Mechelle Wilson, Gina Westcott

Guests from Avertest: Justin Monni, Ann Wright, Brad Ross, and Jason Herzog. Avertest is a drug testing company; from Intermountain Hospital: Jeff Morrell, CEO

Meeting was called to order by Darren Richman. Brief introductions followed approval of the agenda. The minutes from the combined RAC MH Board meeting March 12, 2014 were approved.

Laura Thomas provided an update on the progress made to date toward formation of the new behavioral health board. Darren, Greg, Gina and Laura have meet with each county commission in the region to explain the legislation, the role of county commissions in both appointing the new board and the representation on the board for counties. The intent is to strive for regional representation, at least two individuals from each county; commissioners were asked to help identify potential applicants or nominees for the board. Each commission will let Laura know which commissioner will serve on the appointing committee and the board nominee from each commission, whether it is a commissioner or designee.

Laura described the application/nomination form and job description (see Meeting Documents). The intent of the process is to be inclusive of those currently attending the meetings/serving on the RAC-MH Board, more regional representation, and inviting to new potential board members with skills and background needed. Gina Westcott and Laura emphasized that everyone who has been involved over the years in RAC and MH Board are valued, and have a role for everyone who wants to be involved. Laura noted that support for meetings of specific interests, such as SUDS service providers will continue. Some current members will be appointed to the 22-member board; all will be welcome to be part of subcommittees and working groups to address regional issues. The meetings of the new BH board will follow public meeting law and be open to everyone. Everyone: please apply, nomination others and help us recruit, especially for the eight positions that have lived experience of MH or SUDS through family member or personal experience. The new opportunities are exciting and we hope all of you share in the enthusiasm. Applications/nominations are requested by June 15, and will continue to be accepted until the board has been selected.

In honor of their years of service as chairs, the RAC presented Darren Richman and the MH Board presented Greg Dickerson with certificates of appreciation and heartfelt thanks.

Laura Thomas provided a brief regional update for SUDS programs – scholarships for a Valley County person to attend the Northwest Alcohol conference in July and 16 various individuals from the region were provided to ICADD. We will provide printing support for Connect the Pieces Rx drug abuse prevention program.

Recovery Community Organizations – Melanie Curtis and Jess Wojcik provided an update on the action steps completed so far to create this new organization. A summary document and option to received updates via email is in the Meeting Documents.

Drug Free Idaho's state wide sticker blast with Stinker stores launched in May 1st. Everyone is encouraged to visit a Stinker store and tell the clerk and manager "Thanks" for supporting efforts to reduce underage drinking. You can also post positive comments at Phone: (208) 375-0942 or online at http://www.stinker.com/contact-us/your-comments-count/. Consider writing a letter to the editor of your local paper to draw attention to this positive community partnership.

Jess Wojcik from the office of Family and Consumer Affairs shared that both Peer Support Specialist trainings this summer are completed full; a third training may be scheduled in the Boise in fall to accommodate demand for training.

Sandy Jones introduced Justin Monni, Ann Wright, Brad Ross, and Jason Herzog, all from Avertest. Avertest is a drug testing company. Ada county Misdemeanor Probation and Pretrial and Ada county Mental Health Court will be utilizing their services and wanted providers to be aware of the company. As with any service, volume will help lower costs. See the Meeting Documents for information about the company.

Jeff Morrell from Intermountain Hospital gave an overview of their new program for opiate dependent client – usually prescription drug addiction. It is different from their other abstinence only based programs. This new program focuses on the perception of pain with a goal of reducing usage of pain medications by 50% by individuals. Other methods for coping with pain are taught in addition to training in how to evaluate pain and true need for pain medications. This treatment program is under their SUDS licensure; length of stay is patient driven. It is modeled after a successful program from their sister organization in Oregon.

Steve Graci reported that the Children's Mental Health Awareness week activities included a statewide poster contest and new this year, video PSA contest for High School and College students. A Family Holistic Health Fair was held on Saturday, May 3 at St. Lukes and featured two panels of speakers on children's mental health concerns. The panel presentations were videotaped and re-broadcasted state wide to all regional H&W offices and the two state hospital sites via the DHW video conference system. The community is finalizing the work on children's mental health in region 4 and will present their report at a future meeting.

Networking Update:

Jason Stone for IDJC – distributed the latest expenditure update (see meeting documents). IDJC is utilizing the funds that have not been spent to help with juvenile Drug court through the end of this

year. They are working with the Courts to provide services to their target population to maximize funding this year; they don't expect to be underspent next fiscal year.

Jennifer Burlage reported that a Mobile Crisis team clinician will be co-locating with Boise Police Department to better work serve individuals seen by law enforcement. Community Paramedics have completed a pilot study on provision of medical clearance for mental holds, in place of emergency room staff. The project will move to a second phase to continue working to create a system that reduces ER department utilization.

Kenny Gray – Pioneer Health now has their in-house drug testing available at no charge to clients. Their adolescent aftercare program is looking for different occupational groups to share vocational information with youth. The idea is to give more exposure to a variety of career paths for youth.

Isaiah Sarault from Optum invited providers to a Meet and Great on June 19 from 9 to 11 a.m. at their offices in Meridian. The first hour will cover processes; second open discussion. Trainings/forums on the Clinical Model Update will be held in June – see Meeting Documents for physical locations dates and webinar opportunities.

Terri Carrigan – RADAR has two new TIPS in stock; Trauma and FASD are the topics. If you attended ICADD last week, please complete the survey you receive for program evaluation.

Amy Korb is willing to post information to the BSU social workers alumni group – email her announcements on events and education at amy@riversiderehab.net.

Melanie Curtis from SHIP shared that both the administrative and housing offices will be moving to 1843 S. Broadway in Boise – suites 101A-B and 103. Connect the Pieces Fund Raiser Dinner is June 27; will include a culinary competition between The Dish, Mai Thai and Kind Cuisine Café. Tickets are available at www.connectThePieces.com/gala.

LaDessa Foster from BPA indicated that the Five Day Encounter Reports are being sent to providers. One of the requirements for incentive checks is that 80% of all encounters are entered within 5 business days. Providers are also reminded that DDCAT assessments are due in mid-June.

Melanie Simon and Susan Martinelli from Recovery 4 Life gave a brief update on Amy Jeppesen's recovery from being hit by a car while riding her bike. Amy is working partial days and appreciates all the well wishes. Susan is the new clinical supervisor; she previously worked at CAP.

Gina Westcott invited everyone to attend the next Mental Health Court graduation in May. There are four graduates. She also reported that Region 4 did respond to the RFI for the Community Crisis Centers. The submission was a partnership and officially submitted by the city of Boise; Allumbaugh House is part of the submission proposal. Hopefully there will be more information to report by the end of May on where in the state the Crisis Center will be funded.

Marilyn Baughman announced that the Suicide Prevention Action Network (SPAN) fund raiser golf tournament is Monday August 18 – at Plantation golf course – see the meeting documents for sign up

Final combined meeting of RAC and MH board

forms. Also, SPAN meetings are the 2nd Tuesday of the month from 11:45 a.m. to 1 pm in a meeting room at Meridian Police Department (on Watertower) – all are invited; please contact Marilyn to RSVP for lunch.

The meeting was adjourned at 11:45 a.m. Keep reading for next meeting dates.

Next meeting for all interested in region 4 behavioral health and progress toward the new board is Wednesday, July 9, 2014 in Room 131 at Region 4 offices, at 10 a.m. to noon. Optum will also give a quarterly update at that meeting.

Next SUDS Providers Subcommittee is Wednesday, July 9, 2014 in Room 131 at Region 4 offices, at 8:45 a.m. to 9:45 a.m. prior to the behavioral health meeting.

The next Children's Mental Health Subcommittee meetings are Tuesday, June 10 and July 8, – all at 8:30 a.m. in Room 138 at Region 4 offices.